Denali Backcountry Adventures: Equipment Checklist

√	Item Name	Quantity	Required	Borrow	Specifications
Packing					
	Backpack	1	Required	Available	60L (or more) capacity, padded hip strap
Sleeping					
	Sleeping Bag w/ compression sack	1	Required	Available	Synthetic fill ideally, 15-20F degree temperature rating, compressible
	Sleeping Pad	1	Required	Available	Padding to insulate between sleeping bag and ground, ie. Thermarest or Ridgerest
	Sleeping Clothes	1	Required		Sleep in something that's warm and not sweaty. This can be extra clothes, or a separate item.
Clothing					
Layer A (Active Clothes) *All clothing should be polypro or synthetic blend. NO COTTON!!!!*					
	Hiking boots	1	Required		Well broken-in, durable, well fitting. Waterproof, ***with ankle support***
	Hiking Socks	3	Required		Thick, wool or synthetic wool blend
	Gaiters	1	Recommended		Keeps brush and some water out of your boots
	Hiking pants	1	Required		Quick drying, *Please - **NO** jeans or Carhartts*
	T-shirt	1	Optional		Lightweight
	Mid-weight longsleeve shirt	1	Required		Polypro/synthetic
	Undergarments	3	Required		Synthetic or wool
	Brimmed Cap	1	Recommended		Used to keep the sun off your face, ie. ball cap
Layer B (Cool Days/Evenings) *All clothing should be polypro or synthetic blend. NO COTTON!!!!*					
	Long underwear top	1	Required		Base layer
	Long underwear bottoms	1	Required		Base layer
Layer C (Cold) *All clothing should be polypro or synthetic blend. NO COTTON!!!!*					
	Midlayer	1	Required		Wool, fleece or synthetic blend, *No sweatshirts*
	Puffy Jacket	1	Required		Packable fleece or synthetic jacket
	Warm hat	1-2	Required		Ski hat/beanie that covers ears
	Gloves/mittens	1 pair	Required		
Layer D (Rain)					
	Rain Jacket	1	Required	Available	Packable and WATERPROOF (*not just water resistant*) No ponchos, no Frogg Toggs
	Rain Pants	1	Required	Availale	Packable and WATERPROOF *(not just water resistant)* No Frogg Toggs
Hydration					
	Water bottles	2-3	Required		1L capacity or larger, tight seal (ex. Nalgene)

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Personal and Miscellaneous					
	Trekking Poles	1 pair	Optional		Collapsible
	Extra shoes	1	Required		Lighter weight sneakers or sandals for in camp, ie. Old tennis shoes or Crocs
	Sunglasses	1	Recommended		For eye protection against sun
	Toothbrush	1	Required	Available	
	Personal medications	----	As needed		Must be listed on medical form, instructors will carry and administer medications
	Heavy duty trash bags	2	Recommended	Available	Used for lining pack and waterproofing sleeping bag, ie. Contractor bags
	Binoculars	1	Optional		
	Extra storage bags	3	Recommended	Available	Waterproofing bags for books and/or journals, ie. Ziplocs
	Bandana	1-2	Optional		
	Journal w/ pen	1	Optional		
	Book	1	Optional		
	Headlamp	1	Optional		
	Camera and batteries	1	Recommended		Make sure it's in a waterproof case or Ziploc. **No phones please**
	Synthetic pack towel	1	Optional		

Items you DON'T need	
Knife	Nothing we bring will need to be opened with a knife. Each leader will have a knife for cooking and emergencies. Please leave your personal knife at home.
First Aid Kit	Personal moleskin or medication is fine, but trip leaders have a full first aid kit.
Personal TP	We will have enough for everyone.
Deodorant	Deodorant has a strong smell that we do not want to use to encourage the curiosity of bears.
CELL PHONE	**PLEASE leave these at home or we will hold on to them at the DEC while you are in the backcountry**