

# DBA: Student Equipment Checklist

X	Item Name	Quantity	Required	Borrow	Specifications
<b>Packing</b>					
	Internal Frame Backpack	1	Required	Available	Internal frame with padded hip strap, 60L capacity at least that fits student (practice with it loaded and on!)
<b>Sleeping</b>					
	Sleeping Bag w/ compression sack	1	Required	Available	Synthetic fill, 15-20F degree temperature rating, compressible.
	Sleeping Pad	1	Required	Available	Thermarest or Ridgerest, padding to insulate between bag and ground.
	Sleeping Clothes	1	Required		Sleep in something that's warm and not sweaty. This can be extra clothes. NOT COTTON
<b>Clothing</b>					
<b>Layer A (Active Clothes) *All clothing should be wool, polypro, or synthetic blend. NO COTTON!!!!*</b>					
	Brimmed Cap	1	Recommended		Keep the sun out of your eyes and rain off your brow.
	Hiking boots	1	Required		Well broken-in, durable, well fitting. Waterproof, with ankle support.
	Hiking Socks	3	Required		Thick, wool or synthetic wool blend.
	Gaiters	1	Recommended		Participants in past years have really liked having these.
	Undergarments	3	Required		Synthetic or wool.
	T-shirt	1	Optional		Lightweight and synthetic
	Mid-weight long sleeve shirt	1	Optional		Polypro/synthetic.
	Hiking pants	1	Required		Please, NO jeans or Carhartts.
<b>Layer B (Cool Days/Evenings) *All clothing should be wool, polypro, or synthetic blend. NO COTTON!!!!*</b>					
	Long underwear top	1	Required		Base layer.
	Long underwear bottoms	1	Required		Base layer.
<b>Layer C (Cold) *All clothing should be wool, polypro, or synthetic blend. NO COTTON!!!!*</b>					
	Midlayer	1	Required		Wool or synthetic blend, please leave cotton hoodies at home.
	Synthetic Puffy	1	Required		Avoid down if possible, as it does not insulate when wet. (doubles as a pillow at night!)
	Warm hat	1-2	Required		Ski hat/beanie that covers ears. One for hiking, one for sleeping/in camp
	Gloves/mittens	1-2 pair	Required		

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Layer D (Rain)					
	Rain Jacket	1	Required	Available	Packable and WATERPROOF, not water resistant. No ponchos, no Frogg Toggs.
	Rain Pants	1	Required	Available	Packable and WATERPROOF, not water resistant. No Frogg Toggs.
Drinking					
	Water bottles	2 - 1 liter bottles	Required	Available	1L capacity or larger, tight seal (ex. Nalgene or empty soda bottle). No bladders.
Personal and Miscellaneous					
	Trekking Poles	1 pair	Optional	Available	Collapsible trekking poles. These are helpful in the rugged terrain of Denali, providing extra support and traction.
	Camp shoes/crocs	1	Required		Lighter weight sneakers or sandals for in camp. Crocs work well.
	Sunglasses	1	Required		For eye protection against wind, dust, sun.
	Toothbrush	1	Required	Available	Brush your teeth!
	Personal medications	----	As needed		Must be listed on medical form, instructors will carry medications unless otherwise noted by parents.
	Contractor bags	2	Required	Available	Used for lining pack and waterproofing sleeping bag. Trash bags work well for this too.
	Extra storage bags	3	Required	Available	Waterproofing bags for clothing/journals/etc. Gallon Ziplocs work great!
	Bandana	1-2	Required		
	Journal w/ pen	1	Required		
	Flashlight or headlamp	1	Recommended (Required for August DBA)		Recommended for May and July expedition; required for August expedition.
	Camera and batteries	1	Recommended		It's beautiful out there! Make sure it's in a waterproof case or Ziploc.
	Watch	1	Recommended		Remember your phone will likely lose batteries and we need to time many things
	Synthetic pack towel	1	Optional		It's nice to dry feet off after a long muddy hike.
Items you DON'T need					
	Knife	Nothing we bring will need to be opened with a knife, and whittling is not Leave No Trace. Leaders will carry one for emergencies.			
	Personal First Aid Kit	Personal moleskin or medication is fine, but trip leaders have a full first aid kit already.			
	Personal TP	We will have enough for everyone.			
	Deodorant	People stink, and it's ok. Deodorant smells out of place and bears are curious. Discourage the curiosity of bears.			
	Mug, bowl, spoon/spork	This gear will be provided by the National Park Service, and is done so for the convenience of 10 of the same bowls and mugs that fit together to save space			

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