

| DENALI BACKCOUNTRY ADVENTURES: EQUIPMENT CHECKLIST | | | | | |
|--|-------------------------------|-----------|---|-----------|--|
| ✓ | Basic Equipment | Quantity | Required | Borrow | Specifications |
| | Backpack | 1 | Required | Available | Internal frame (external frames NOT recommended), 60L capacity |
| | Sleeping Bag, with stuff sack | 1 | Required | Available | Synthetic fill, 15-20 degree temperature rating, compressible |
| | Sleeping Pad | 1 | Required | Available | Thermarest, Ridgerest, padding to insulate between bag and ground |
| | Hiking Boots | 1 | Required | | Sturdy, ankle support, waterproof |
| | Extra shoes | 1 | Required | | Lighter weight sneakers or sandals, crocs work great |
| | Small day pack | 1 | Required | Available | Small, compressible (enough to fit water bottle, rain jacket, lunch) |
| | Sunglasses | 1 | Required | | For eye protection against wind, dust, and sun |
| Upper Body Clothing | | | All clothing should be polypro or synthetic blend. NO COTTON!!** | | |
| | Long underwear top | 1 or 2 | Required | | Base layer (2nd top is recommended to sleep in) |
| | Mid-weight long-sleeve shirt | 1 | Required | | Polypro long-sleeve t-shirt |
| | T-shirt | 1 | Optional | | Lightweight, used for layering/warm temperatures while hiking |
| Lower Body Clothing | | | All clothing should be polypro or synthetic blend. NO COTTON!!** | | |
| | Long underwear bottoms | 1 or 2 | Required | | Base layer (2nd pair is recommended to sleep in) |
| | Hiking pants | 1 | Required | | Please, no jeans or Carharts |
| Shell Layers | | | | | |
| | Rain Jacket | 1 | Required | Available | Packable, <i>waterproof</i> not water resistant, no ponchos |
| | Rain Pants | 1 | Required | Available | Packable, <i>waterproof</i> not water resistant |
| | Sweater | 1 | Required | | Wool or synthetic blend, please leave cotton hoodies at home |
| | Warm Jacket | 1 | Required | | Packable fleece or lined jacket |
| Miscellaneous Equipment | | | | | |
| | Warm hat | 1 | Required | Available | Ski hat that covers ears for cold weather |
| | Gloves/mittens | 1 | Required | Available | |
| | Hiking socks | 3 | Required | | Thick, wool or synthetic wool blend, NO COTTON |
| | Toothbrush | 1 | Required | Available | |
| | Personal medications | -- | As needed | | Must be listed on medical form, instructors will carry medications |
| | Mug, bowl, spoon/fork | 1 of each | Required | | Lightweight bowl and mug (lids for both recommended) |
| | Water bottles | 2 | Required | | 1 L capacity or larger, tight seal, (ex. Nalgene, Camelbak) |
| | Wash cloth or handtowel | 1 | Optional | | |
| | Heavy Duty trash bags | 2 | Recommended | Available | Used for lining pack and waterproofing sleeping bag, etc. |
| | Comb/Brush | 1 | Optional | | |
| | Camera and batteries | 1 | Recommended | | |
| | Binoculars | 1 | Recommended | Available | |
| | Extra storage bags | 3 | Recommended | Available | Waterproofing bags for books/journal/etc. Ziplocks work great! |
| | Bandana | 1 or 2 | Recommended | | |
| | Gaiters | 1 pair | Recommended | Available | Participants in past years really liked having these |
| | Journal | 1 | Required | | With writing utensil |
| | Book | 1 | Recommended | | |

Notes:

The items listed above should be *in* your backpack, on the first day please plan to wear the clothes you will be hiking in. Do NOT wear jeans or carharts to orientation, they will end up in the field with us.

Don't forget something to sleep in! It can either be extra clothes or something you're already packing.